

BANG!

This exercise can relieve students of any nervous energy, as it is a fun game that is easy to participate in at all ages and ability.

The use of names is particularly important in order to build confidence and to get pupils familiar with their classmates.

This game should last no longer than five minutes.

Instructions:

- 1) Arrange the students into a circle and ask them to say their names.
- 2) When you call out a pupils name they must duck, and the pupils either side of the student turn to each other and shout 'Bang!'
- 3) Whoever is second to shout 'Bang!' must leave the circle.
- 4) This continues until just two pupils remain.
- 5) The final two enter a duel - here, count from 1-10, but leave out a number. When the pupils hear the mistake, they must