

Name and Gesture

This is a very simple activity that can encourage imagination and spontaneity. It is an excellent way to start a lesson as it allows pupils to become more comfortable and confident.

It is suitable for all ages and abilities and should last no longer than five minutes.

Instructions:

- 1) Gather the pupils into a circle.
- 2) Start by stepping forward and introducing yourself, accompanied with a gesture, movement or action.
- 3) Ask the students to copy the name and gesture.
- 4) Encourage the rest of the group to follow suit, continuing until everybody has introduced themselves and given a gesture.