

Stuck in the Mud

Stuck in the Mud is a classic game that many of the pupils will be familiar with.

It requires a large space and it is a great pulse raiser for all ages.

This game should last for about five minutes. To increase difficulty, add more catchers.

Instructions:

- 1) Two pupils are 'on' and have to tag all pupils who aren't 'on'.
- 2) When they have tagged someone, that person is stuck in the mud - they cannot move, and must stand with their arms and legs wide apart.
- 3) The only way a pupil can become unstuck is if another pupil goes under their arms or legs to release them